

August 2, 2026: The 18th Sunday in Ordinary Time

First Reading

Isaiah 55:1-3

Thus says the LORD:

All you who are thirsty,
come to the water!

You who have no money,
come, receive grain and eat;

Come, without paying and without cost,
drink wine and milk!

Why spend your money for what is not bread;
your wages for what fails to satisfy?

Heed me, and you shall eat well,
you shall delight in rich fare.

Come to me heedfully,
listen, that you may have life.

I will renew with you the everlasting covenant,
the benefits assured to David.

Responsorial Psalm

Psalms 145:8-9, 15-16, 17-18

R. (cf. 16) **The hand of the Lord feeds us; he answers all our needs.**

The LORD is gracious and merciful,
slow to anger and of great kindness.

The LORD is good to all
and compassionate toward all his works.

R. **The hand of the Lord feeds us; he answers all our needs.**

The eyes of all look hopefully to you,
and you give them their food in due season;
you open your hand

and satisfy the desire of every living thing.

R. **The hand of the Lord feeds us; he answers all our needs.**

The LORD is just in all his ways
and holy in all his works.

The LORD is near to all who call upon him,
to all who call upon him in truth.

R. **The hand of the Lord feeds us; he answers all our needs.**

Second Reading

Romans 8:35, 37-39

Brothers and sisters:

What will separate us from the love of Christ? Will anguish, or distress, or persecution, or famine, or nakedness, or peril, or the sword? No, in all these things we conquer overwhelmingly through him who loved us. For I am convinced that neither death, nor life, nor angels, nor principalities, nor present things, nor future things, nor powers, nor height, nor depth, nor any other creature will be able to separate us from the love of God in Christ Jesus our Lord.

Gospel Reading

Matthew 14:13-21

When Jesus heard of the death of John the Baptist, He withdrew in a boat to a deserted place by Himself. The crowds heard of this and followed Him on foot from their towns. When He disembarked and saw the vast crowd, His heart was moved with pity for them, and He cured their sick. When it was evening, the disciples approached Him and said, "This is a deserted place and it is already late; dismiss the crowds so that they can go to the villages and buy food for themselves."

Jesus said to them, "There is no need for them to go away; give them some food yourselves."

But they said to Him, "Five loaves and two fish are all we have here."

Then He said, "Bring them here to Me," and He ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, and looking up to heaven, He said the blessing, broke the loaves, and gave them to the disciples, who in turn gave them to the crowds. They all ate and were satisfied, and they picked up the fragments left over—twelve wicker baskets full. Those who ate were about five thousand men, not counting women and children.

Gospel readings source: www.usccb.org/bible/readings/

August 6, 2026: The Transfiguration of the Lord**First Reading****Daniel 7:9-10, 13-14**

As I watched:

Thrones were set up and the Ancient One took His throne. His clothing was bright as snow, and the hair on His head as white as wool; His throne was flames of fire, with wheels of burning fire. A surging stream of fire flowed out from where He sat; Thousands upon thousands were ministering to Him, and myriads upon myriads attended Him. The court was convened and the books were opened.

As the visions during the night continued, I saw: One like a Son of man coming, on the clouds of Heaven; When He reached the Ancient One and was presented before Him, The one like a Son of man received dominion, glory, and kingship; all peoples, nations, and languages serve Him. His dominion is an everlasting dominion that shall not be taken away, His kingship shall not be destroyed.

Responsorial Psalm**Psalm 97:1-2, 5-6, 9****R. (1a and 9a) The Lord is King, the Most High over all the earth.**

The LORD is king; let the earth rejoice;
let the many islands be glad.

Clouds and darkness are round about Him,
justice and judgment are the foundation of His throne.

R. The Lord is King, the Most High over all the earth.

The mountains melt like wax before the LORD,
before the LORD of all the earth.

The heavens proclaim His justice,
and all peoples see His glory.

R. The Lord is King, the Most High over all the earth.

Because you, O LORD, are the Most High over all the earth,
exalted far above all gods.

R. The Lord is King, the Most High over all the earth.**Second Reading****2 Peter 1:16-19**

Beloved:

We did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of His majesty. For He received honor and glory from God the Father when that unique declaration came to Him from the majestic glory, "This is My Son, My beloved, with Whom I am well pleased." We ourselves heard this Voice come from Heaven while we were with Him on the holy mountain. Moreover, we possess the prophetic message that is altogether reliable. You will do well to be attentive to it, as to a lamp shining in a dark place, until day dawns and the morning star rises in your hearts.

Gospel Reading**Matthew 17:1-9**

Jesus took Peter, James, and his brother, John, and led them up a high mountain by themselves. And He was transfigured before them; His face shone like the sun and His clothes became white as light. And behold, Moses and Elijah appeared to them, conversing with Him. Then Peter said to Jesus in reply, "Lord, it is good that we are here. If you wish, I will make three tents here, one for You, one for Moses, and one for Elijah." While he was still speaking, behold, a bright cloud cast a shadow over them, then from the cloud came a Voice that said, "This is My beloved Son, with Whom I am well pleased; listen to Him." When the disciples heard this, they fell prostrate and were very much afraid. But Jesus came and touched them, saying, "Rise, and do not be afraid." And when the disciples raised their eyes, they saw no one else but Jesus alone.

As they were coming down from the mountain, Jesus charged them, "Do not tell the vision to anyone until the Son of Man has been raised from the dead."

Gospel readings source: www.usccb.org/bible/readings/

August 9, 2026: The 19th Sunday in Ordinary Time

First Reading

1 Kings 19:9A, 11-13A

At the mountain of God, Horeb, Elijah came to a cave where he took shelter. Then the LORD said to him, "Go outside and stand on the mountain before the LORD; the LORD will be passing by." A strong and heavy wind was rending the mountains and crushing rocks before the LORD—but the LORD was not in the wind. After the wind there was an earthquake—but the LORD was not in the earthquake. After the earthquake there was fire—but the LORD was not in the fire. After the fire there was a tiny whispering sound. When he heard this, Elijah hid his face in his cloak and went and stood at the entrance of the cave.

Responsorial Psalm

Psalm 85:9, 10, 11-12, 13-14

R. (8) Lord, let us see your kindness, and grant us your salvation.

I will hear what God proclaims;
the LORD — for he proclaims peace.

Near indeed is his salvation to those who fear him,
glory dwelling in our land.

R. Lord, let us see your kindness, and grant us your salvation.

Kindness and truth shall meet;
justice and peace shall kiss.
Truth shall spring out of the earth,
and justice shall look down from heaven.

R. Lord, let us see your kindness, and grant us your salvation.

The LORD himself will give his benefits;
our land shall yield its increase.
Justice shall walk before him,
and prepare the way of his steps.

R. Lord, let us see your kindness, and grant us your salvation.

Second Reading

Romans 9:1-5

Brothers and sisters:

I speak the truth in Christ, I do not lie; my conscience joins with the Holy Spirit in bearing me witness that I have great sorrow and constant anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites; theirs the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; theirs the patriarchs, and from them, according to the flesh, is the Christ, Who is over all, God blessed forever. Amen.

Gospel Reading

Matthew 14:22-33

After He had fed the people, Jesus made the disciples get into a boat and precede Him to the other side, while He dismissed the crowds. After doing so, He went up on the mountain by Himself to pray. When it was evening He was there alone. Meanwhile the boat, already a few miles offshore, was being tossed about by the waves, for the wind was against it. During the fourth watch of the night, He came toward them walking on the sea. When the disciples saw Him walking on the sea they were terrified. "It is a ghost," they said, and they cried out in fear. At once Jesus spoke to them, "Take courage, it is I; do not be afraid." Peter said to Him in reply, "Lord, if it is You, command me to come to You on the water." He said, "Come." Peter got out of the boat and began to walk on the water toward Jesus. But when he saw how strong the wind was he became frightened; and, beginning to sink, he cried out, "Lord, save me!" Immediately Jesus stretched out His hand and caught Peter, and said to him, "O you of little faith, why did you doubt?" After they got into the boat, the wind died down. Those who were in the boat did Him homage, saying, "Truly, You are the Son of God."

Gospel readings source: www.usccb.org/bible/readings/

Find fun, free, and faithful children's activities including our Mass Prep videos at HolyHeroes.com/MassPrep

© 2026 Holy Heroes LLC. All rights reserved

August 14, 2026: Solemnity of the Assumption of the Blessed Virgin Mary (Vigil Mass)**First Reading****1 Chronicles 15:3-4, 15-16; 16:1-2**

David assembled all Israel in Jerusalem to bring the ark of the Lord to the place which he had prepared for it. David also called together the sons of Aaron and the Levites.

The Levites bore the ark of God on their shoulders with poles, as Moses had ordained according to the word of the Lord.

David commanded the chiefs of the Levites to appoint their kinsmen as chanters, to play on musical instruments, harps, lyres, and cymbals, to make a loud sound of rejoicing.

They brought in the ark of God and set it within the tent which David had pitched for it. Then they offered up burnt offerings and peace offerings to God. When David had finished offering up the burnt offerings and peace offerings, he blessed the people in the Name of the Lord.

Responsorial Psalm**Psalm 132:6-7, 9-10, 13-14****R. (8) Lord, go up to the place of Your rest, You and the ark of Your holiness.**

Behold, we heard of it in Ephrathah;

we found it in the fields of Jaar.

Let us enter his dwelling,

let us worship at his footstool.

R. Lord, go up to the place of Your rest, You and the ark of Your holiness.

May your priests be clothed with justice;

let your faithful ones shout merrily for joy.

For the sake of David your servant,

reject not the plea of your anointed.

R. Lord, go up to the place of Your rest, You and the ark of Your holiness.

For the LORD has chosen Zion;

he prefers her for his dwelling.

"Zion is my resting place forever;

in her will I dwell, for I prefer her."

R. Lord, go up to the place of Your rest, You and the ark of Your holiness.**Second Reading****1 Corinthians 15:54b-57**

Brothers and sisters:

When that which is mortal clothes itself with immortality, then the word that is written shall come about:

Death is swallowed up in victory.

Where, O death, is your victory?

Where, O death, is your sting?

The sting of death is sin, and the power of sin is the law. But thanks be to God Who gives us the victory through our Lord Jesus Christ.

Gospel Reading**Luke 11:27-28**

While Jesus was speaking, a woman from the crowd called out and said to Him, "Blessed is the womb that carried you and the breasts at which you nursed." He replied, "Rather, blessed are those who hear the word of God and observe it."

Gospel readings source: www.usccb.org/bible/readings/

Find fun, free, and faithful children's activities including our Mass Prep videos at HolyHeroes.com/MassPrep

© 2026 Holy Heroes LLC. All rights reserved

**August 15, 2026: Solemnity of the Assumption of the
Blessed Virgin Mary (Mass during the Day)**
[page 1]

First Reading

Revelation 11:19a; 12:1-6a, 10ab

God's temple in Heaven was opened, and the ark of His covenant could be seen in the temple.

A great sign appeared in the sky, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars. She was with child and wailed aloud in pain as she labored to give birth. Then another sign appeared in the sky; it was a huge red dragon, with seven heads and ten horns, and on its heads were seven diadems. Its tail swept away a third of the stars in the sky and hurled them down to the earth. Then the dragon stood before the woman about to give birth, to devour her child when she gave birth. She gave birth to a son, a male child, destined to rule all the nations with an iron rod. Her child was caught up to God and His throne. The woman herself fled into the desert where she had a place prepared by God.

Then I heard a loud voice in Heaven say:

“Now have salvation and power come,
and the Kingdom of our God
and the authority of His Anointed One.”

Responsorial Psalm

Psalm 45:10, 11, 12, 16

**R. (10bc) The queen stands at your right hand,
arrayed in gold.**

The queen takes her place at your right hand in gold of Ophir.

**R. The queen stands at your right hand, arrayed in
gold.**

Hear, O daughter, and see; turn your ear,
forget your people and your father's house.

**R. The queen stands at your right hand, arrayed in
gold.**

So shall the king desire your beauty;
for he is your lord.

**R. The queen stands at your right hand, arrayed in
gold.**

They are borne in with gladness and joy;
they enter the palace of the king.

**R. The queen stands at your right hand, arrayed in
gold.**

August 15, 2026: Solemnity of the Assumption of the Blessed Virgin Mary (Mass during the Day)
[page 2]

Second Reading**1 Corinthians 15:20-27**

Brothers and sisters:

Christ has been raised from the dead, the firstfruits of those who have fallen asleep. For since death came through man, the resurrection of the dead came also through man. For just as in Adam all die, so too in Christ shall all be brought to life, but each one in proper order: Christ the firstfruits; then, at His coming, those who belong to Christ; then comes the end, when He hands over the Kingdom to His God and Father, when He has destroyed every sovereignty and every authority and power. For He must reign until He has put all His enemies under His feet. The last enemy to be destroyed is death, for "He subjected everything under His feet."

Gospel Reading**Luke 1:39-56**

Mary set out and traveled to the hill country in haste to a town of Judah, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the infant leaped in her womb, and Elizabeth, filled with the Holy Spirit, cried out in a loud voice and said, "Blessed are you among women, and blessed is the fruit of your womb. And how does this happen to me, that the mother of my Lord should come to me? For at the moment the sound of your greeting reached my ears, the infant in my womb leaped for joy. Blessed are you who believed that what was spoken to you by the Lord would be fulfilled."

And Mary said:

"My soul proclaims the greatness of the Lord;
my spirit rejoices in God my Savior for He
has looked with favor on His lowly servant.

From this day all generations will call me
blessed:

the Almighty has done great things for me
and holy is His Name.

He has mercy on those who fear Him
in every generation.

He has shown the strength of His arm,
and has scattered the proud in their
conceit.

He has cast down the mighty from their
thrones,
and has lifted up the lowly.

He has filled the hungry with good things,
and the rich He has sent away empty.

He has come to the help of His servant Israel
for He has remembered His promise of
mercy,
the promise He made to our fathers,
to Abraham and his children forever."

Mary remained with her about three months and then
returned to her home.

Gospel readings source: www.usccb.org/bible/readings/

August 16, 2026: The 20th Sunday in Ordinary Time

First Reading

Isaiah 56:1, 6-7

Thus says the LORD:

Observe what is right, do what is just; for my salvation is about to come, my justice, about to be revealed. The foreigners who join themselves to the LORD, ministering to him, loving the name of the LORD, and becoming his servants— all who keep the sabbath free from profanation and hold to my covenant, them I will bring to my holy mountain and make joyful in my house of prayer; their burnt offerings and sacrifices will be acceptable on my altar, for my house shall be called a house of prayer for all peoples.

Responsorial Psalm

Psalm 67:2-3, 5, 6, 8

R. (4) O God, let all the nations praise you!

May God have pity on us and bless us;

may he let his face shine upon us.

So may your way be known upon earth;

among all nations, your salvation.

R. O God, let all the nations praise you!

May the nations be glad and exult

because you rule the peoples in equity;

the nations on the earth you guide.

R. O God, let all the nations praise you!

May the peoples praise you, O God;

may all the peoples praise you!

May God bless us,

and may all the ends of the earth fear him!

R. O God, let all the nations praise you!

Second Reading

Romans 11:13-15, 29-32

Brothers and sisters:

I am speaking to you Gentiles. Inasmuch as I am the apostle to the Gentiles, I glory in my ministry in order to make my race jealous and thus save some of them. For if their rejection is the reconciliation of the world, what will their acceptance be but life from the dead? For the gifts and the call of God are irrevocable. Just as you once disobeyed God but have now received mercy because of their disobedience, so they have now disobeyed in order that, by virtue of the mercy shown to you, they too may now receive mercy. For God delivered all to disobedience, that he might have mercy upon all.

Gospel Reading

Matthew 15:21-28

At that time, Jesus withdrew to the region of Tyre and Sidon. And behold, a Canaanite woman of that district came and called out, "Have pity on me, Lord, Son of David! My daughter is tormented by a demon." But Jesus did not say a word in answer to her. Jesus' disciples came and asked Him, "Send her away, for she keeps calling out after us." He said in reply, "I was sent only to the lost sheep of the house of Israel." But the woman came and did Jesus homage, saying, "Lord, help me." He said in reply, "It is not right to take the food of the children and throw it to the dogs." She said, "Please, Lord, for even the dogs eat the scraps that fall from the table of their masters." Then Jesus said to her in reply, "O woman, great is your faith! Let it be done for you as you wish." And the woman's daughter was healed from that hour.

Gospel readings source: www.usccb.org/bible/readings/

Find fun, free, and faithful children's activities including our Mass Prep videos at HolyHeroes.com/MassPrep

© 2026 Holy Heroes LLC. All rights reserved

August 23, 2026: The 21st Sunday in Ordinary Time

First Reading

Isaiah 22:19-23

Thus says the LORD to Shebna, master of the palace:

"I will thrust you from your office and pull you down from your station. On that day I will summon my servant Eliakim, son of Hilkiah; I will clothe him with your robe, and gird him with your sash, and give over to him your authority. He shall be a father to the inhabitants of Jerusalem, and to the house of Judah. I will place the key of the House of David on Eliakim's shoulder; when he opens, no one shall shut when he shuts, no one shall open. I will fix him like a peg in a sure spot, to be a place of honor for his family."

Responsorial Psalm

Psalm 138:1-2, 2-3, 6, 8

R. (8bc) Lord, Your love is eternal; do not forsake the work of Your hands.

I will give thanks to you, O LORD, with all my heart,
for you have heard the words of my mouth;
in the presence of the angels I will sing your praise;
I will worship at your holy temple.

R. Lord, Your love is eternal; do not forsake the work of Your hands.

I will give thanks to your name,
because of your kindness and your truth:
When I called, you answered me;
you built up strength within me.

R. Lord, Your love is eternal; do not forsake the work of Your hands.

The LORD is exalted, yet the lowly he sees,
and the proud he knows from afar.

Your kindness, O LORD, endures forever;
forsake not the work of your hands.

R. Lord, Your love is eternal; do not forsake the work of Your hands.

Second Reading

Romans 11:33-36

Oh, the depth of the riches and wisdom and knowledge of God! How inscrutable are his judgments and how unsearchable his ways! For who has known the mind of the Lord or who has been his counselor? Or who has given the Lord anything that he may be repaid? For from him and through him and for him are all things. To him be glory forever. Amen.

Gospel Reading

Matthew 16:13-20

Jesus went into the region of Caesarea Philippi and He asked His disciples, "Who do people say that the Son of Man is?" They replied, "Some say John the Baptist, others Elijah, still others Jeremiah or one of the prophets." He said to them, "But who do you say that I am?" Simon Peter said in reply, "You are the Christ, the Son of the living God." Jesus said to him in reply, "Blessed are you, Simon son of Jonah. For flesh and blood has not revealed this to you, but My heavenly Father. And so I say to you, you are Peter, and upon this rock I will build My church, and the gates of the netherworld shall not prevail against it. I will give you the keys to the kingdom of Heaven. Whatever you bind on earth shall be bound in Heaven; and whatever you loose on earth shall be loosed in Heaven." Then He strictly ordered His disciples to tell no one that He was the Christ.

Gospel readings source: www.usccb.org/bible/readings/

Find fun, free, and faithful children's activities including our Mass Prep videos at HolyHeroes.com/MassPrep

© 2026 Holy Heroes LLC. All rights reserved

August 30, 2026: The 22nd Sunday in Ordinary Time

First Reading

Jeremiah 20:7-9

You duped me, O LORD, and I let myself be duped; you were too strong for me, and you triumphed. All the day I am an object of laughter; everyone mocks me. Whenever I speak, I must cry out, violence and outrage is my message; the word of the LORD has brought me derision and reproach all the day. I say to myself, I will not mention him, I will speak in his name no more. But then it becomes like fire burning in my heart, imprisoned in my bones; I grow weary holding it in, I cannot endure it.

Responsorial Psalm

Psalms 63:2, 3-4, 5-6, 8-9

R. (2b) My soul is thirsting for you, O Lord my God.

O God, you are my God whom I seek;
for you my flesh pines and my soul thirsts
like the earth, parched, lifeless and without water.

R. My soul is thirsting for you, O Lord my God.

Thus have I gazed toward you in the sanctuary
to see your power and your glory,
For your kindness is a greater good than life;
my lips shall glorify you.

R. My soul is thirsting for you, O Lord my God.

Thus will I bless you while I live;
lifting up my hands, I will call upon your name.
As with the riches of a banquet shall my soul be
satisfied,
and with exultant lips my mouth shall praise you.

R. My soul is thirsting for you, O Lord my God.

You are my help,
and in the shadow of your wings I shout for joy.
My soul clings fast to you;
your right hand upholds me.

R. My soul is thirsting for you, O Lord my God.

Second Reading

Romans 12:1-2

I urge you, brothers and sisters, by the mercies of God, to offer your bodies as a living sacrifice, holy and pleasing to God, your spiritual worship.

Do not conform yourselves to this age but be transformed by the renewal of your mind, that you may discern what is the will of God, what is good and pleasing and perfect.

Gospel Reading

Matthew 16:21-27

Jesus began to show His disciples that He must go to Jerusalem and suffer greatly from the elders, the chief priests, and the scribes, and be killed and on the third day be raised. Then Peter took Jesus aside and began to rebuke Him, "God forbid, Lord! No such thing shall ever happen to You." He turned and said to Peter, "Get behind Me, Satan! You are an obstacle to Me. You are thinking not as God does, but as human beings do." Then Jesus said to His disciples, "Whoever wishes to come after Me must deny himself, take up his cross, and follow Me. For whoever wishes to save his life will lose it, but whoever loses his life for My sake will find it. What profit would there be for one to gain the whole world and forfeit his life? Or what can one give in exchange for his life? For the Son of Man will come with His angels in His Father's glory, and then He will repay all according to his conduct."

Gospel readings source: www.usccb.org/bible/readings/

Find fun, free, and faithful children's activities including our Mass Prep videos at HolyHeroes.com/MassPrep

© 2026 Holy Heroes LLC. All rights reserved