

# Catholic Prayers: Novena to the Holy Spirit

## ACT OF CONSECRATION TO THE HOLY SPIRIT

On my knees before the great multitude of heavenly witnesses I offer myself, soul and body, to You, Eternal Spirit of God. I adore the brightness of Your purity, the unerring keenness of Your justice and the might of Your love. You are the Strength and Light of my soul. In You I live and move and am. I desire never to grieve You by unfaithfulness to grace and I pray with all my heart to be kept from the smallest sin against You. Mercifully guard my every thought and grant that I may always watch for Your light and listen to Your voice and follow Your gracious inspirations. I cling to You and give myself to You and ask You by Your compassion to watch over me in my weakness. Holding the pierced Feet of Jesus and looking at His Five Wounds and trusting in His Precious Blood and adoring his opened Side and stricken Heart, I implore You, Adorable Spirit, Helper of my infirmity, so to keep me in Your grace that I may never sin against You. Give me grace, O Holy Ghost, Spirit of the Father and the Son to say to You always and everywhere, "Speak, Lord, for Your servant heareth." Amen.

## PRAYER FOR THE SEVEN GIFTS OF THE HOLY SPIRIT

O Lord Jesus Christ Who, before ascending into heaven did promise to send the Holy Spirit to finish Your work in the souls of Your Apostles and Disciples, deign to grant the same Holy Spirit to me that He may perfect in my soul, the work of Your grace and Your love. Grant me the Spirit of **Wisdom** that I may despise the perishable things of this world and aspire only after the things that are eternal, the Spirit of **Understanding** to enlighten my mind with the light of Your divine truth, the Spirit on **Counsel** that I may ever choose the surest way of pleasing God and gaining heaven, the Spirit of **Fortitude** that I may bear my cross with You and that I may overcome with courage all the obstacles that oppose my salvation, the Spirit of **Knowledge** that I may know God and know myself and grow perfect in the science of the Saints, the Spirit of **Piety** that I may find the service of God sweet and amiable, and the Spirit of **Fear of the Lord** that I may be filled with a loving reverence towards God and may dread in any way to displease Him. Mark me, dear Lord with the sign of Your true disciples, and animate me in all things with Your Spirit. Amen.

## FIRST DAY

Holy Spirit, Lord of light!  
From Your clear celestial height,  
Your pure beaming radiance give!

Almighty and eternal God, Who hast vouchsafed to regenerate us by water and the Holy Spirit, and hast given us forgiveness of all sins, vouchsafe to send forth from heaven upon us your sevenfold Spirit, the Spirit of **Wisdom** and **Understanding**, the Spirit of **Counsel** and **Fortitude**, the Spirit of **Knowledge** and **Piety**, and fill us with the Spirit of **Holy Fear**.  
Amen.

Pray: *Our Father, Hail Mary & Glory be*

Pray: *Act Of Consecration to the Holy Spirit & Prayer For The Seven Gifts of the Holy Spirit*

## SECOND DAY

Come, Father of the poor!  
Come, treasures which endure!  
Come, Light of all that live!

Come, O blessed Spirit of **Holy Fear**, penetrate my inmost heart, that I may set you, my Lord and God, before my face forever, help me to shun all things that can offend You, and make me worthy to appear before the pure eyes of Your Divine Majesty in heaven, where You live and reign in the unity of the ever Blessed Trinity, one God, world without end.  
Amen.

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### THIRD DAY

Thou, of all consolers, best,  
Visiting the troubled breast  
Dost refreshing peace bestow.

Come, O Blessed Spirit of **Piety**, possess my heart. Enkindle therein such a love for God, that I may find satisfaction only in His service, and for His sake lovingly submit to all legitimate authority.  
Amen.

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### FOURTH DAY

Thou, in toil art comfort sweet;  
Pleasant coolness in the heat;  
Solace in the midst of woe.

Come, O Blessed Spirit of **Fortitude**, uphold my soul in time of trouble and adversity, sustain my efforts after holiness, strengthen my weakness, give me courage against all the assaults of my enemies, that I may never be overcome and separated from Thee, my God and greatest Good.  
Amen.

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## FIFTH DAY

Light immortal! Light Divine!  
Visit Thou these hearts of Thine,  
And our inmost being fill!

Come, O Blessed Spirit of **Knowledge**, and grant that I may perceive the will of the Father; show me the nothingness of earthly things, that I may realize their vanity and use them only for Thy glory and my own salvation, looking ever beyond them to Thee, and Thy eternal rewards.  
Amen.

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## SIXTH DAY

If Thou take Thy grace away,  
Nothing pure in man will stay,  
All his good is turn'd to ill.

Come, O Spirit of **Understanding**, and enlighten our minds, that we may know and believe all the mysteries of salvation; and may merit at last to see the eternal light in Thy Light; and in the light of glory to have a clear vision of Thee and the Father and the Son.  
Amen.

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## SEVENTH DAY

Heal our wounds - our strength renew;  
On our dryness, pour thy dew;  
Wash the stains of guilt away!

Come, O Spirit of **Counsel**, help and guide me in all my ways, that I may always do Thy Holy Will. Incline my heart to that which is good; turn it away from all that is evil, and direct me by the straight path of Thy commandments to that goal of eternal life for which I long.

Amen.

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## EIGHTH DAY

Bend the stubborn heart and will;  
Melt the frozen, warm the chill;  
Guide the steps that go astray!

Come, O Spirit of **Wisdom**, and reveal to my soul the mysteries of heavenly things, their exceeding greatness, power and beauty. Teach me to love them above and beyond all the passing joys and satisfactions of earth. Help me to attain them and possess them forever.

Amen.

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## NINTH DAY

Thou on those who evermore,  
Thee confess and Thee adore,  
In Thy sevenfold gifts, descend;  
Give them comfort when they die;  
Give them life with Thee on high;  
Give them joys which never end.  
Amen.

Come, O Divine Spirit, fill my heart with Thy heavenly fruits, Thy charity, joy, peace, patience, benignity, goodness, faith, mildness, and temperance, that I may never weary in the service of God, but by continued faithful submission to Thy inspiration may merit to be united eternally with Thee in the love of the Father and the Son.  
Amen.

Pray: *Our Father, Hail Mary & Glory be*

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A Novena is a practice where a prayer or groups of prayers are recited for nine consecutive days for special intentions and petitions. The praying of a novena draws its origin from the practice of the disciples who prayed in the Upper Room for the nine days between the Ascension of our Lord and the arrival of the Holy Spirit at Pentecost.

**Source:**

[https://www.ewtn.com/devotionals/pentecost/seven\\_tx.htm](https://www.ewtn.com/devotionals/pentecost/seven_tx.htm)