

EFFECTS OF ABORTION

Physical Side Effects of Abortion:

- Hemorrhage, retention of fetal parts
- Infection, high fever
- Anesthesia complications
- Breast cancer
- Puncturing of uterus
- Menstrual problems
- Tubal pregnancies (life-threatening problem)
- Sterilization
- Inability to carry future pregnancies to term

Emotional After-Effects of Abortion:

- Break-up of current relationship or marriage
- Clinical depression, suicidal tendencies
- Drug and alcohol abuse
- Abusive relationships with men
- Feelings of hopelessness, regret, remorse
- Eating disorders
- Insomnia, repeat nightmares
- Sexual dysfunction
- Repeat abortions
- Inability to bond with other children
- Child abuse of other children
- Anger, self-hatred, self-destructive tendencies

POST-ABORTION HELP

There is hope. There is help. If you or someone you know is suffering after abortion, contact:

Project Rachel: 703-841-2504 or
1-888-456-HOPE (4673)

Have you suffered injury as a consequence of an abortion?
Call your doctor or a hospital emergency room.

Contact:

Life Dynamics: 940-380-8800
Pregnancy & Family Resource Center: 1-800-401-6494

PRO-LIFE OBSTETRICIAN/ GYNECOLOGISTS:

Tepeyac Family Center
4001 Fair Ridge Dr., Suite 304,
Fairfax VA 22033 | 703-273-9440
After Hours: 1-888-724-3845

CATHOLIC CHARITIES: Pregnancy and Adoption Support in Northern Virginia

3251 Old Lee Hwy, Suite 402,
Fairfax VA 22030 | 703-425-0100
After-Hours: 703-973-0129

**CHOOSE LIFE AND YOU WILL NOT
REGRET IT!**



PREGNANT? NEED HELP?

Providing the highest
quality care



PREGNANT? NEED HELP?

If you, a loved one or someone you know is facing crisis pregnancy and need help, the following centers can offer free and confidential services including: free pregnancy tests and ultrasounds, pregnancy counseling for parents, boyfriend, husband and more! Contact a Pregnancy Resource Center today!

24-hour Helpline:

1-800-712-HELP (4357) to find a location near you.

Reverse the Abortion Pill (RU-486)

Don't take the second pill and call immediately
877-558-0333 or 703-273-9440, option 6 (Fairfax).
www.abortionpillreversal.com

HOPE in Northern Virginia, Inc. — Falls Church

610 Park Avenue, Falls Church VA 22046.
703-536-2020 (Spanish & English)

Gabriel Project

Arlington Diocese Parish-Based Pregnancy
Assistance | 1-866-444-3553
or call 703-841-3810 (Spanish & English)

A Woman's Choice

Falls Church center: 6201 Leesburg Pike Suite 220
Falls Church, VA 22044
703-538-4305 (Spanish & English)
Herndon center: 102 Elden St., Herndon VA 20170
571-599-2002 (Spanish & English)

A Best Choice Mobile Ultrasound & Pregnancy Resource Center — Northern Virginia

703-947-3077 (Spanish & English)
Contact: Angela Clark

Assist Pregnancy Center

5101-D Backlick Rd., Annandale VA 22003
703-354-7291

NOVA Pregnancy Help Centers

After Hours: 1-800-712-4357
Fairfax center: 10380 Democracy Lane, Fairfax VA
22030 | 703-278-5433
Alexandria center: 8800 Pear Tree Village Court
Suite E., Alexandria VA 22309 | 703-780-4700

The MaRiH Center

3230-B Duke Street, Alexandria VA 22314
703-370-4774

KNOW YOUR LEGAL RIGHTS BEFORE YOU CHOOSE ABORTION

- Confirm your pregnancy with a doctor who doesn't do abortions.
- Ask for the doctor's name who is performing the abortion.
- Don't sign anything that releases the abortionist or the clinic from being liable for injuring you.
- The law in the state of Virginia and many other states requires abortion providers to give you information on:
 - 1) possible complications,
 - 2) the development of the baby,
 - 3) organizations that provide alternatives, and
 - 4) Virginia Law(Sec. 18.2-76 of the Code of Virginia) requires an ultrasound of the pregnancy be performed prior to abortion.
- Understand you can change your mind – even at the last minute.
- Understand that it is not a "Blob of Tissue." It is a human being, A beautiful child!